

## Reasons to Choose Lap Band Weight Loss Surgery

- In the first year you can lose up to 80 percent of your excess pounds after lap band weight loss surgery. The average weight lost is 40 percent of excess pounds. This means if an individual were 100 pounds overweight and lost 40 percent of their weight they would lose 40 pounds within a year.

- Lap band weight loss surgery is not permanent, but completely reversible if the need ever arises. It is not permanent like gastric bypass which changes the structure of the digestive system through cutting and stapling. A gastric bypass procedure may involve removal of a portion of the small intestine. Lap band weight loss surgery does not cut any part of your digestive system. The silicone lap band is tightened around the stomach until a small pouch is created. To reverse the lap band weight loss surgery the band is taken out and the stomach returns to its original size.

- Lap band weight loss surgery can adjust to your needs. During your lap band weight loss surgery an access port will be inserted under the skin so saline solution can fill the band and tighten it. The stomach gets smaller and holds less food as the band tightens.

- Some gastric bypass patients suffer from malnutrition due to reduced absorption of food in the small intestine. The risk of malnutrition is low with lap band weight loss surgery because it does not affect your absorption of food, just the amount of food you eat.

Schedule a consultation for weight loss surgery at our 90210 medical offices.

